

# Physical Education News

## K-6

**AUGUST**  
**18-22**

### What We're Learning Grades 4-6

Students will learn the proper throwing form for underhand and overhand throwing.

Students will focus on accuracy and form getting in a lot of reps through fun games and stations.

#### Calendar / Events

August 29<sup>th</sup> – Half Day –  
A Schedule

September 1 –  
NO SCHOOL  
September 4-5 –  
PE WILL BE OUTSIDE

**September 4-5**  
**We will be outside.**  
**Please remember**  
**sunblock and water.**

### GRADES K-3 OVERHEAD THROWING

#### K-3<sup>rd</sup> Grade

Students will learn how to throw overhand and practice catching.

We will focus on the throwing form and proper catching cues.

#### Coach Renken

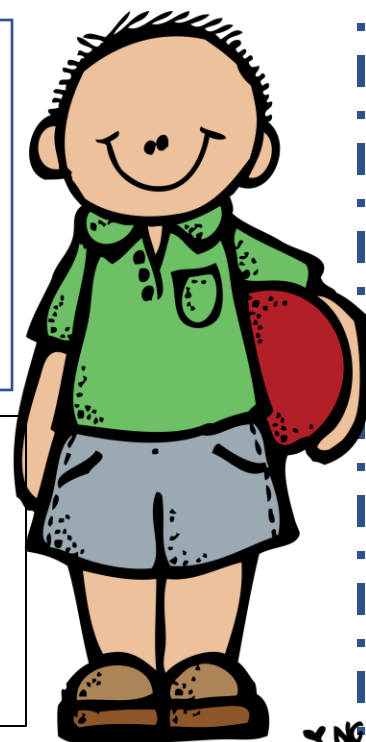
Shanna.Renken@santancs.com

#### Coach M

John.Mahnke@santancs.com

**PATRIOT DAY**  
**September 11<sup>th</sup>**

**Grandparents Day**  
**September 5th**



# Physical Education Expectations

August  
25-29

## THROWING REVIEW & REPETITION

K-6<sup>th</sup> graders will review underhand and overhand throwing all week.

Students will practice throwing and catching through fun and challenging games and stations.

Special  
Announcement  
**DON'T FORGET  
YOUR WATER!!!**

Calendar / Events

**PE OUTSIDE 9/4-5**

Want to volunteer at the  
Special Olympics? Look for  
information in Cox  
Connection.

## P.E. LOST AND FOUND

Is your child missing a  
water bottle or jacket?  
Remind them to check the  
PE lost and found located  
in the gym.

**Coach Renken**

Shanna.Renken@santancs.com

**Coach M**

John.Mahnke@santancs.com

**3-DAY WEEKEND  
THIS WEEKEND!  
Be safe and stay  
active!!!!**

