

Physical Education Expectations

2025-
26

Attire and Shoes

To ensure we are providing your student(s) with a healthy and safe environment, we need everyone to understand basic expectations for PE class.

Clothing: Must fit comfortably. Preferably clothing made for activity.

Shoes: Sneakers with rubber soles, arch support, with ties or Velcro. If you wear "Slip-on" sneakers, make sure they do not slip off. Sandals, boots and heels are not allowed.

Special Announcements

**DON'T FORGET
YOUR WATER!!!**

Calendar / Events

Aug. 11 – After school clubs begin. Registration information available at "Cox Connection" newsletter.

GRADING

Grades K-3 will be given a P/F grade based on participation and sportsmanship.

Grades 4-8 will be graded based on the following:

Daily Participation/effort - 5 points a day

- Coming prepared - 1 point
 - *Proper clothes, shoes, water
- Participation - 3 points
- Making the class better - 1 point
 - *being respectful, following directions and sportsmanship.
- Objective/Subjective testing on skills based on grade level standards.

Coach Renken

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Coach M

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**RESTROOMS may
be used one
student at a time,
with pass and
teacher permission.**



San Tan Charter Physical Education

August
11-15

Grades 4th – 8th

FITNESS TESTING –

1. Monday – Push-ups
 2. Tuesday – Sit-ups
 3. Wednesday – Wellness
Wednesday
 4. Thursday – Pacer
 5. Friday – Sit n Reach
- Grading will be based on
Participation**

Special Announcement

Please help your student
remember to bring:

1. Water
 2. Proper Shoes
- If your student is sick or
hurt, please remember to
email nurse Marty.

Calendar / Events

August 11 – Fall clubs begin
August 29th – Half Day –
A Schedule
September 1 – NO SCHOOL
September 11 – Patriot Day

K-3rd Grade

Students will learn how to
throw underhand and
catch.

We will focus on the
throwing form and proper
catching cues.

Coach Renken

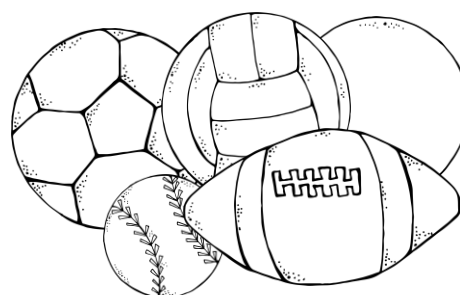
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NURSE Marty

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Physical Education News

K-6

AUGUST
18-22

What We're Learning Grades 4-6

Students will learn the proper throwing form for underhand and overhand throwing.

Students will focus on accuracy and form getting in a lot of reps through fun games.

Calendar / Events

August 29th – Half Day –
A Schedule

September 1 –
NO SCHOOL

September 4-5 –
PE WILL BE OUTSIDE

September 4-5
We will be outside.
Please remember
sunblock and water

GRADES K-3 OVERHEAD THROWING

K-3rd Grade

Students will learn how to throw overhand and practice catching.

We will focus on the throwing form and proper catching cues.

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PATRIOT DAY
September 11th

Grandparents Day
September 5th

